

Cornerstone is a vibrant community for women moving from homelessness to hope, healing, and home.

At Cornerstone, everyone belongs, everyone matters, and everyone deserves a second chance.

# **ANNUAL REPORT 2017**



# Message from the Executive Director



Sue Garvey, Executive Director

"At Cornerstone, we are excited to be part of the solution. We move women out of our shelter and on to real homes."

#### In this report

#### Page

- 4 Message from Board Chairs
- 5 Princeton Update
- 6 Shelter Report 7 Booth Street Report 8 McPhail House Report
- 8 McPhail House Report 8 Relationship Building with Ottawa's indigenous women's services
- 9 515 McLaren Report
- 10 Community Connections
- 11 Spiritual Care
- 12 Volunteer Report 13 Financial Report
- 14 Statistics on Core Programs and Services
- 14 Why do women be come homeless?
- National and Local Strategies to End Homelessness
- 16 A Thank You to Volunteers
- 17 2017 Highlights18 19 Supporter Listings

In 2017, Cornerstone welcomed 427 women to live in our shelter and supportive housing. That was just a portion of the almost 1,000 women who found themselves with no safe place to lay their heads, no one to take them in and no money to pay for the cheapest room in a boarding house or motel.

The day a woman walks through the doors of the Cornerstone shelter, she is met with people whose mission is to help her find a safe, affordable home, the right supports for her unique situation, and a community of support to belong to. Our ultimate goal is to see her leave poverty behind for a new start.

There is lots of reason to be hopeful. In November of 2017, our federal government introduced Canada's first National Housing Strategy. In Ottawa, we have just reached the mid-point of our ten year plan to end homelessness. As a community, we have made significant progress in reducing the number of chronically homeless people: people who have lived in a shelter for more than six months.

At Cornerstone, we are excited to be part of the solution. We move women out of our shelter and on to real homes. And we are well on our way to another exciting new housing development in Westboro. By fall 2018, we will open our doors at 373 Princeton Avenue. Forty-two women will move in to their new apartments in that beautiful, safe neighbourhood and take the next step in their healing journey.

Truly, 2017 was a year of one miracle after another as our Princeton project was embraced and supported by faith communities, businesses, community groups and neighbours in the Westboro area. We have been blown away by the support, solidarity and unwavering commitment of the leadership and the family of the Anglican Diocese of Ottawa. Our amazing board members, volunteers and incredibly generous donors enhance our services for women way beyond what we could accomplish without them. Our agency partners, our colleagues at the City of Ottawa and our elected representatives are just as passionate as we are about ensuring a home for our most vulnerable citizens. And our greatest inspirations are, of course, the women who call Cornerstone home and share their lives with us.

As we close the 2017 chapter of our journey, I want to thank all of the people who have been part of making sure that Cornerstone is a safe place for women to rebuild their lives and reach for a future full of hope.

Sue Garvey Executive Director

# Message from the Bishop

There are ministries that enlighten, bring comfort, challenge, nurture and educate the people that God created and then there are ministries that change lives and save lives.

Cornerstone is a ministry that changes lives and saves lives. This critical ministry unfolds in our community thanks to the work and skill offered by so many people both salaried and volunteers. People who

The Right Reverend Dr. John H. Chapman

see the deep need for so many of our most vulnerable women. On behalf of the Diocese of Ottawa, may I thank the hundreds of people who enable us to change lives and save lives.

Additionally, I am so grateful for our partners, the city of Ottawa and all levels of Government, who clearly recognize and affirm in very tangible ways the difference this ministry makes for so many in our city and surrounding area.

As we prepare to celebrate the opening of our newest site, the Princeton site, let us thank God for giving us the heart and the desire to ensure that all of God's people have access to housing, food, community and justice. And Sue Garvey, thank you for your vision and your exemplary leadership!

#### The Right Reverend Dr. John H. Chapman Bishop of Ottawa

#### Message from the Community Ministries Committee

It has been another year of growth, innovation, and service for Cornerstone Housing for Women. The project at 373 Princeton stands out as a remarkable achievement, bringing together people from all sectors and diverse communities to ensure safe, secure, affordable housing for 42 women. Through staff training, program development, and relationship building, Cornerstone is intentionally and practically living into the spirit of Truth and Reconciliation between settled and indigenous Canadians.



The creation of the Young Professionals Advisory Board demonstrates an authentic commitment to raising-up and shaping a new generation of community leadership. And these are just a few examples of a great year.

The Reverend PJ Hobbs Director of Mission

In shared mission,

Ven. Dr. Peter John Hobbs Director of Mission

# Message from the Management & Foundation Board Chairs

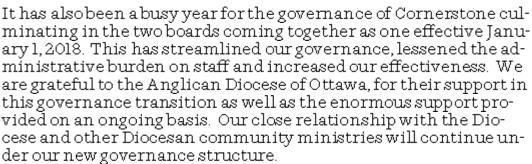


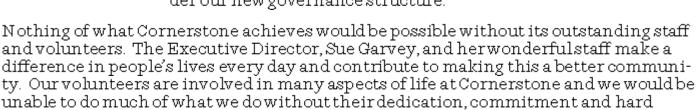
Margaret Bloodworth, Chair, Management Board

2017 has been an exciting year as we have seen the possibility of a new supportive housing site grow into a reality on Princeton Avenue in Westboro. Construction is well underway to convert the former home of the Sisters of Jeanne d'Arc into 42 apartments for women. Planning is now well advanced towards welcoming the first residents in September 2018.

We are grateful to the many donors who have made this possible. As we raise the remainder of the required capital funds, we are particularly thrilled with the number of new donors who have joined the Cornerstone family to help make this new site a reality.

Many thanks as well to the various levels of government for their ongoing support as well as the initial funds provided for the new Princeton site.





We are looking forward to a wonderful year in 2018 building on the achievements and hard work of 2017.



Wilda Phillips, Chair, Foundation Board

#### Wilda Philips

work.

Margaret Bloodworth

Co-Chairs, Cornerstone Housing for Women Board

#### 373 Princeton Avenue Project

# The dream is almost a reality!

In 2017, we began renovations on the Princeton building that will provide homes to 42 new women. The building in Ottawa's west end is projected to open and be ready for move-in fall 2018.

The Sisters of Jeanne d'Arc, Cornerstone Housing for Women, the



Left to right: Princeton as active construction site, framing for resident apartment walls underway, the beautiful, light-filled entry way under renovation.

Anglican Diocese, all three levels of government, architect Barry Hobin and Uniform Urban Developments have come together for the redevelopment of this space into 42 supportive housing apartments for women. These parties all care deeply about the Westboro community and want to see this space used in an inspiring way. It's an ideal partnership! The Sisters are named after Joan of Arc, who was a strong woman leader, and at Cornerstone we have been focused on empowering women for the last 30 years.

We have had many exciting community events this year to build support for the Princeton project. We were fortunate to have our government and other partners in attendance at our March 3<sup>rd</sup> press conference when we officially announced that the building and renovation would begin in summer 2017.

On May 3rd, 2017, award-winning Chef Patrick Garland of Absinthe Café, along with Thyme & Again owner Sheila Whyte, organized an incredible night: *Meet 373 Princeton*. Over 300 guests dined and drank the very best that the Ottawa food scene has to offer.

We owe a debt of gratitude to them, as well as to their generous participating partners: The Whalesbone, Savoy Brasserie, The Albion Rooms, Edgar, Maison Conroy, Coconut Lagoon, Gezellig, Cococo Chocolatiers, Beau's Brewery, Savvy Wine Company, Cornerstone's own chef, Cordon Bleu-trained Paul Skinner, the Parkdale Food Centre, The Ottawa Mission, and the LDHSS Ravens Culinary Program.

Fundraising has been on track for this initiative. Cornerst one must raise 1.9 million by the end of 2018 to make this residence a reality.



Left: Supporter Marguerite Hale, Sr. Yvette Papillon, Executive Director Sue Garvey. Middle: 373 Princeton Project Proposal.Right: MP Catherine McKenna, Mayor Jim Watson, Executive Director Sue Garvey, Ven. Peter John Hobbs, MPP Yasir Naqvi, Councillor Jeff Liepper, Sr. Yvette Papillon, Wilda Phillips, Cornerstone Board Chair, Councillor Mark Taylor, Councillor Marianne Wilkinson, Photo: Detlef Dransch

# The Women's Shelter Report

#### "I am not what happened to me, I am what I choose to become." -Carl Gustav Jung



Shelter walking club participants

We have had another full year at the **Shelter**, at maximum capacity, assisting and caring for those who need support, working to find safe, affordable housing for women. We do our work with help from the community, and other agencies.

2017 brought some additional change to the Shelter. After many dedicated years, Senior Manager, Catherine Pope, retired. The position remains open, being filled temporarily, until a new Senior Manager is found. The staff at the shelter have risen to the occasion helping to hold down the fort!

One of those special efforts was during the recent fire at a neighboring shelter. The Women's Shelter staff stepped up and offered beds to those displaced from the Women's Special Care Unit at the Shepherd's of Good Hope. It was a pleasure to do so.

Our partnership with Respect PharmaSave continues. Working closely with Mark Barnes, owner-manager-pharmacist, we will be implementing a comprehensive medication program for the shelter which will allow for more stabilization.

We are so fortunate to have so many people who support the Shelter, in so many ways. Volunteers, outreach workers, students, the pharmacy, and Algonquin College dental program ensure we can offer the services that are essential for dignity and to fill essential needs of our at-risk clients. To say thank you, we will be holding an Above and Beyond Teafor all our in-house supporters in the month of April.

Maintenance and updating continues at the Shelter. The City is supportive of new needs and requests. We are currently painting some offices, optimizing space allocation, performing general repairs plus installing new flooring for one of the offices.

A newer position, the Direct Engagement Worker, has been very helpful in supporting longer-term residents with complex needs. This person works with all Cornerstone locations in order to support women who require specific housing and additional needs.

We look forward to a new year of challenges, solutions and striving to end homelessness.

Nicola Dunn Interim Senior Manager

### **Booth Street Report**

It's been another year full of change at Booth Street. Our caring staff are skilled at meeting our residents where they are on their journey. They come up with innovative and creative ways to help each resident with their particular difficulties. Every day, I see how they pour their hearts into their work.

We have seen such positive changes in the lives of so many of our residents as they begin to feel safe, to trust, and as they see the genuine care and respect for them given by all here at Booth Street.

2017 brought significant change. Three (!) of our staff are away on maternity leave, (we're thinking there might be something in the water). This has precipitated the shuffling around of responsibilities and schedules of existing staff.

During the year, we had some residents pass away, move to long-term care or hospice care. We are seeing a difference in the types of people being referred to us. Many new women may need additional support due to a history with active addictions, as well as mental or physical health challenges.

Staff has been excellent in rising to the challenge to maintain a house that feels like a safe and peaceful home. In addition, part of the strength of Cornerstone as an agency is our visionary and empowering leaders.

We are pleased and proud to remove barriers to housing, and support ladies that haven't been able to get housing otherwise. We look forward to another year of continued supportive successes with our residents.

# Laura Crockatt Booth Manager



Chef Paul and resident Jenny, participate in a fashion show.

### McPhail House Report

When you bring together a community of women from diverse backgrounds and countries such as Morocco, Uganda, Nigeria, Burundi, Mexico and Iran you have a vibrant, multicultural house! Housemates Susan and Thérèse get ready to make supper.

you have a vibrant, multicultural house!

The majority of our residents are New Canadians and excited to build a new life for themselves here in Canada Many are learning English and eager to build or retrain their skills so they can go on to gain employment and secure a financial future for themselves.



You will often find us enjoying a pot of tea together at the house while discussing women's issues. The women are fascinated by the differences between women's rights and issues here in Canada and how they differ and compare to their country of origin.

In 2017, we housed nine women in total. Three of those women moved on to their own apartments with Ottawa housing. Even after a woman moves on from McPhail, she will often stay connected to Cornerstone through our outreach program, Community Connections.

Former residents are always encouraged to stay in touch and often return for our community dinners and events. Perhaps the most impactful benefit McPhail house instills is community. The community that the women form together carries them into the next chapter of their new lives with strength and hope.

#### Melanie Somers

McPhail House Manager

### Building bridges with Ottawa's Indigenous Women's Services

In 2015 the Truth and Reconciliation Commission of Canada (TRC) made recommendations on how Canada could move forward, righting past wrongs with its treatment of indigenous peoples. Its Calls to Action outlined what we can all do to seek ways to honour, build relationships and heal communities.

In this spirit, the Anglican Diocese of Ottawa, and Cornerstone as one of its community ministries, are committed to strengthening ties to Ottawa's Indigenous women's services, to better serve indigenous women. Over 10% of all women who are at risk of homelessness in Ottawa identify as indigenous.

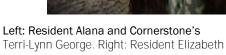
As part of the 373 Princeton project, we are collaborating on program development with Indigenous social services community partners. Throughout 2017, we met monthly with Minwaashin Lodge and Oshki Kizis Lodge Aboriginal women's services so we could envison, create and plan for culturally integrated services at Princeton. Through generous grants from the Anglican Foundation and the Ottawa Diocese, All My Relations Committee, we are looking forward to partnering with an indigenous elder, and introducing new programs in this open, warm space.

Reconciliation, right relationship, justice-seeking—these are all part of a "trajectory of grace". -The Anglican Church of Canada

### 515 MacLaren Report

# "Together, we celebrated extraordinary moments found in ordinary days."

2017 was a wonderful year for 515 MacLaren. Together, we celebrated extraordinary moments found in





ordinary days. The 515 community is lucky to have 20 women who support and care for each other daily. Without them, the successes of 2017 would not be possible.

Highlights from 2017 include a new weekly writing group. The group helped to spark creativity and to support the women with reading, writing and comprehension skill development.

Residents were also able to practice their cooking skills with the assistance of staff and students to learn new recipes. One resident shared her cultural roots with 515 by teaching the house how to cook a fabulous East Coast inspired dinner. This was followed by a lesson on playing the spoons, and learning to "jig".

515 is more than just somewhere to live. It is a vibrant place, along with the support from staff, students, volunteers, and community partners. Residents are able to finally feel like they belong and can grow.

Before moving to the building, one resident was known for not staying in one place for long. She moved into the residence December 2016, and has been here since. She now refers to 515 as her home and plans to stay.

For many residents, due to past housing instability and other factors, reaching personal goals can be very difficult. With safe, long-term housing, our residents have the opportunity to focus on things they want to accomplish. For instance, one of our residents wanted to complete Adult High School. After months of commitment and continuous work, she glowed with pride as she held her certificate of successful completion. Shortly after, she transitioned into independent housing.

In addition, 515 was chosen to participate in Project Beautiful which was 2017's highlight for many of the women. Seven residents joined the project and received a full makeover, plus a tailored outfit. To top off the elegant evening, there was even a limo ride! The goal of the project was to celebrate each woman's inner and outer beauty and help to boost self-esteem.

To end the year, 515 hosted its annual Christmas Party. Residents, their family members, friends, community partners, and staff were invited. This year's theme was 'Winter Wonderland'; snow like decorations covered the floors, tables, and even the ceiling! A beautiful winter scene, painted by staff and residents, was the backdrop of the party which was painted by staff and residents. For dinner, Cornerstone's chef Greg catered and all had very full bellies by the end of the night. Peter played Christmas favourites on the guitar for all to sing along.

Overall, 515 MacLaren continues to grow every year, and 2017 was no exception.

Terri-Lynn George Interim Manager

# Community Connections: Cornerstone's Outreach Program

Our program focus shifted this year as we said goodbye in June to our Health Transition Navigator, who did a fabulous job helping us build the Community Connections program. Even though we had to scale back, we did not lose our provision of essential services to the women encouraging new personal growth. The Community Connections program provides support to the women after they transition on from our shelter and supportive housing.

Perhaps the most exciting addition in 2017 was the introduction of our acupuncture clinic. The clinic is run out of the



Acupuncture clinic group, along with volunteer Acupuncturist Denis.

Booth St. location on Tuesday and Thursday afternoons with both residents and outreach women in attendance. We were fortunate with the start-up of the clinic coinciding with the timing of our Algonquin College nursing students' placement. The students ran the clinic and also conducted a small study. The findings and feedback from their focus group were truly positive and motivating. The clinic continues to run on a regular basis and has become part of the healing fabric of Cornerstone.

Community Connections served 32 women this year and provided a range of supports including: health care accompaniments, mental health supports, addiction-harm reduction, eviction prevention, spiritual care, group involvement and community sharing, life and job skills training, immigration and newcomer support, yoga, language training, community legal support and many, many referrals to needed services such as food banks, health care and community programs.

One of the most memorable moments of the year for me, and worth highlighting, was the deputation Community Connections participant Rabeya and I gave at City Hall. Together we represented Cornerstone and CAWI (City for All Women's Initiative) in speaking to the need for more affordable housing. We asked the City to put back the \$4M in capital spending in housing as was originally committed in 2015 with the Housing and Homelessness plan.

As we celebrate all of the achievements in 2017, we set our intentions for continued growth, support and building community in this upcoming year. The goal, as always, is to give the best level of care to all the women we work with, including those who formerly resided with Cornerstone.

Melanie Somers Community Connections Manager

# Spiritual Care Program Report

# Over this past year, the women of Cornerstone have continued to receive spiritual care in diverse ways.

During our weekly prayer circle, the women and members of the Spiritual Care team gather to share ideas, ask questions and listen deeply to each other. We listen to, and discuss, Scripture and other spiritual writings. Often, we use the expressive arts to respond and connect the spiritual writings with our real lives. We sing together, and we always pray for each other and the needs of the community and the world. At the Shelter, the prayer circle is now bilingual, using French and English, in response to the needs of the women attending the circle.

#### Some additional highlights from 2017:

- Special dinners at MacPhail house and with women from our Community Connections program: sharing in the diversity of cultures and faith traditions represented by the women; having lively discussion about women's roles and discovering how we share common values.
- Sing-alongs led by a group of musicians who call themselves 'Plaid' at both Booth St. and at 515 MacLaren. We are hopeful Plaid will continue on a regular basis!
- A group of us from the Shelter attended a special refugee lunch at **Epiphany Anglican Church.** We enjoyed home-cooked African food and heard from special guest speakers about the unique services available for refugees in Ottawa.
- During our special seasonal services as well as at memorial services, we celebrated our good times and our challenging times.
- ♦ Enjoyed special outings such as the **Ottawa Tulip Festival** and our annual "art in the park" event.
- This year we held our first overnight retreat at Galilee in Amprior. This trip was made possible by a generous grant from the Community Foundation of Ottawa. Fifteen women from all of our houses were given a time of rest, spiritual renewal and fun. We worked with the theme, 'singing the songs of our hearts'. In the future, two more retreats will be offered at Galilee, through the gift of this special grant.
- We have met and begun visioning future plans as we expand the spiritual care program to include the women who will soon be living at our new Princeton residence. Many are interested and excited about new opportunities, such as sharing spiritual care with an indigenous elder, and welcoming other volunteers onto the team.
- This past year we welcomed two new volunteer members to the team: Jane Enticknap and Marolynne Capstick. The other dedicated spiritual care team members, many who have been volunteering with Cornerstone for over 7 years, are: Beverly Chen, Janet Taylor, Marion Agnew and Gail La Barbera and Canon Christine Piper.

Spiritual care at Cornerstone helps to create a safe and welcoming community of care. Women are invited to come as they are, as they have need. This is part of what makes Cornerstone a place where women not only live, but where they can also choose to heal and grow.

With gratitude,

Rev. Linda Posthuma Chaplain



Spiritual Care team, left to right; The Reverend Linda Posthuma, Gail LaBarbera, Beverly Chen, Marion Agnew, Janet Taylor, Jane Enticknap

Missing: Canon Christine Piper, Marolynne Capstick

# **Volunteer Report**

Volunteering at Booth and 515 is the highlight of my week. Seeing friends, getting to know new residents, sharing wonderful lunches. On Tuesday this week I read, and 4 of us just laughed and laughed ...as I read <u>Curious</u> <u>George</u> aloud. - Elizabeth R.

Volunteering is fundamental to all healthy, vibrant and resilient communities! Cornerstone Housing for Women is grateful for the outstanding support that we receive from our volunteers every year. We could not achieve what we do without the help of this diverse group of people, ranging in age from 18 to 80 years. Our volunteers make both immediate and lasting change, helping to improve lives and build relationships, one woman at a time!

In 2017, 141 regular volunteers and 143 group members, including our wonderful Meal-A-Month Program participants, contributed almost 6,100 hours of dedicated service to the many programs offered at our four Cornerstone sites.

#### Highlights

2017 saw a wonderful new initiative started at Cornerstone known as the Young Professionals Advisory Board. This dynamic group of twelve individuals will contribute to the success of Cornerstone and its programs through volunteering, advocacy and fundraising.

The Booth Street Reception Volunteers have grown to a dedicated team of eight women who have given, in just this past year, over 1000 hours of service to ensure a welcoming reception to our corporate offices and to residence at 314 Booth Street.

With the opening of our newest location at 373 Princeton Avenue coming in 2018, a small but mighty group of volunteers have been heavily involved in the Capital Fundraising Campaign. We are fortunate that they will also continue to contribute in many ways even before we open our doors of the new location. Volunteers will play a critical role in providing activities and support to the residents of Princeton starting the day the first resident moves in!

The Cornerstone Volunteer Program made progress toward our strategic goal of creating meaningful opportunities for current and former residents. Several volunteer opportunities for Community Connections clients have been created and are working out wonderfully.

The kitchens at our Booth and O'Connor Street locations remain a hive of activity, seven days a week, 365 days a year; the kitchen serves over 88,000 meals to 427 women. Over sixty volunteers support our fabulous staff in helping to prepare and serve these meals every day, including weekends, holidays and special occasions.

Cornerstone volunteers never waver in their commitment to providing day to day services such as literacy programs, creative art activities, donation sorting, income tax clinics, holiday parties, friendly visiting, driving and accompaniment, just to name a few.

Whether you volunteer every day or only on occasion your contribution to the wellbeing of the women of Cornerstone is PRICELESS!

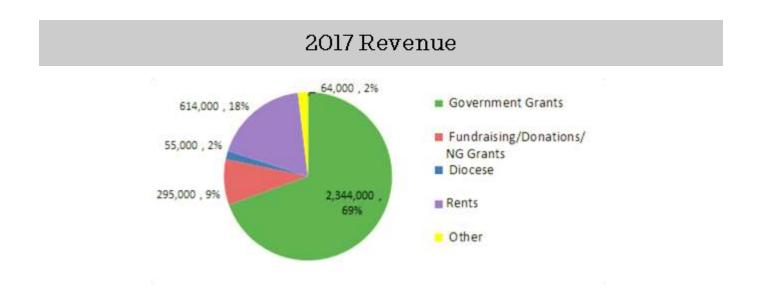
Rosemary Jones
Volunteer Coordinator

# **Financial Report**

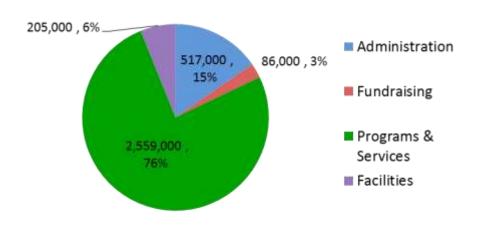
Cornerstone receives most (69%, or \$2,344,000) of its funding through the City of Ottawa to provide the main programs for the residents at each of its houses. The women pay rent if they are able (approximately 18% or \$614,000).

In addition, Cornerstone relies on donations and fundraising events to provide extra supports to women above and beyond their basic needs, (approximately 10%, or \$295,000) of the overall budget

These supports include counselling, addictions support, activities programming, and outreach services for women who move from Cornerstone housing to independent living, in the community.



# 2017 Expenses



# Statistics: Core Programs and Services

Everyday, thanks to incredible community support, and a deeply committed and caring staff, lives are transformed at Cornerstone.

Here are just a few numbers to demonstrate the depth of Cornerstone's impact and the generosity of our supporters.

#### 427 women stayed in Cornerstone's shelter and supportive housing in 2017

349 different women stayed at The Women's Shelter

23 different women lived at 515 MacLaren St. Building

45 different women lived at 314 Booth Street Building

10 different women lived at McPhail House

24 different women received follow up support with Cornerstone's outreach program

The average age of residents was 39 years of age

The youngest resident was 18 years of age

The eldest resident was 76 years of age

The average length of stay at The Women's Shelterwas 92 days

The average length of stay in Cornerstone Supportive Housing is 3.5 years

254 women at The Women's Shelter received case management supports

79 women in Cornerstone supportive housing received case management supports

**82 women** living at Cornerstone received support from the Cornerstone Addictions Worker

110 women took part in programs offered by the Spiritual Care Team

Cornerstone has 324 volunteers and 63 full and part time employees

#### Why do women become homeless?

**Every year, almost 1,000 women become homeless in Ottawa.** In Ottawa there is a severe lack of affordable housing. Many individuals who live on limited incomes are at risk of homelessness with simply one change in their life circumstances. Job loss, partner loss or even an illness can put women at risk. The main reported factors that contribute to a women being homeless are;

- Unable to afford rent (the average bachelor apartment in Ottawa is \$800/month. People who survive on disability, a pension, or minimum wage are unable to pay market rent.)
- Ill health and hospital stays
- ♦ Mental health challenges
- Partner abuse
- Past experience of addictions due to trauma and abuse
- New to Canada with little or no support systems, including a language barrier

About 500 of those women seek emergency shelter and safe, affordable permanent housing with Cornerstone, where they receive the supports they need to reclaim their lives, and truly find a home.

### National and Local Strategies to End Homelessness

We are in the middle of exciting times for affordable housing. The federal government released its first National Housing Strategy in November 2017, with the aim of significantly decreasing homelessness for all Canadians.

In the next 10 years, the strategy will, "cut chronic homelessness in half, remove 530,000 families from housing need and invest in the construction of up to 100,000 new, affordable homes".(1)

The National Housing Strategy (NHS) recognizes that a range of housing options in good repair must be available to all who need affordable housing. The strategy also recognizes that many people need to have support to be able to live independently in the community. Other hopeful aspects of the NHS include a provision for housing allowance to enable people to access market rent options. However, this will not replace the need for continued investment in the current stock of affordable housing in our community, but will definitely help in the current crisis.

Additional positive initiatives include a commitment to incentives for private housing developers to help create affordable housing, and a special focus on affordable housing for indigenous people.

At the local level, the City of Ottawa is almost at the mid-point in its strategic plan to end homelessness in this city. While we are not there yet, we are making great headway and Cornerstone is part of the solution.

Mayor Jim Watson recently remarked in the March 2018 update that great progress to-date is being made, but that progress "is only possible, with the sustained commitment of all levels of government and the local community."(2)

Since 2014, there has been an increase of 364 affordable and supportive housing units in Ottawa. Including the 373 Princeton project, 463 new units are under development.

There is still much progress to be made, but together we will ensure that there is a home for everyone in our community.

- 1. Government of Canada. National Housing Strategy Update. www.aplacetocallhome.ca. April 2018.
- 2. City of Ottawa. Ten-year Housing and Homelessness Plan: Progress Report 2014-2017. March 2018.

#### A Thank You To Volunteers

#### Foundation Board



Back row (left to right): Connie Franklin, Trudy Sutton, Gerda Kraft, Sue Garvey, Ari Abonyi, Lesley Cameron, Barbara Dransch, Julianna Foster, Seated (left to right): Wilda Phillips, Dianne Wing, Monica Harvey. Not pictured: Peggy Lister

#### Management Board



Back row (left to right): Edeltraud Neal, Margaret Bloodworth, Barb Belohoubek, Patricia Hassard, Sue Garvey, Julianna Foster, Joyce Potter. Front row (left to right): Georgia Roberts, Marilyn Box, Jean McCloskey. Not pictured: David Burns, Barbara Dransch, Leslie

"On behalf of all of us here at Cornerstone Housing for Women, I would like to express my sincere thanks for the service of our volunteers, board and committee members. Your dedicated commitment and countless hours of care are deeply valued, and truly are the lifeblood of this organization. Volunteers are critical members of the Cornerstone community; whether you are involved on our board and committees, helping in behind the scenes projects, or spending time with the awesome women who live at our four residences. Your dedication and genuine love for the women, and our organization, helps us to be the home we strive to be. You give me confidence that we are part of maláng Ottawa a better place for all women."

- Sue Garvey, Executive Director

The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves." — Helen Keller

#### Community Ministries Committee

The Community Ministries Committee oversees program related matters of all five community ministries of the Anglican Diocese of Ottawa

Ven. Brian Kauk, Chair Ven. Peter John Hobbs Margaret Bloodworth Lynn Brerritt Tennifer Crawford Sue Davies Sue Garvey

Shea Kieley Norma Meyer Rev. Hillary Murray Monica Patten Rachel Robinson Judy Threinen Sharon York

#### Fundraising Events Committee

The Fundraising Events Committee was responsible for another successful Garden party. They are the heart and inspiration for this annual event.

Sharron Dore Monica Harvey Sarah Mitchell Patricia Petty Mollie Stokes

Gerda Kraft, Chair Margaret Torrance Carole Whittall Barbara Dransch Connie Franklin Sue Garvey

# 2017 Community Event Highlights

2017 was a wonderful whirlwind of activity. We are so fortunate to have the support of our community.

Here are just a few highlights from the year.

Princeton Press Conference - March 3, 2017



Left to Right: 373 Princeton, MP Catherine McKenna, Mayor Jim Watson, ED, Sue Garvey, Ven. Peter John Hobbs, MPP Yasir Naqvi, Councillor Jeff Liepper, Sr. Yvette Papillon, Wilda Phillips, Cornerstone Board Chair, Councillor Mark Taylor, Councillor Marianne Wilkinson, Princeton supporters. Photo: Detlef Dransch

#### Princeton Events - January to May, 2017





Left: event poster, May 4, supported by volunteer Patrick Garland of Absinthe Restaurant. Right: Whalesbone staff, Ottawa Magazine event in support of Princeton, January 25. Photo: David Kawai

#### Orange Gallery Event - May 23, 2017



#### Annual Garden Party - June 3, 2017

Left to right:

Frank Sukhoo, of Sukhoo Sukhoo Couture and Mrs. Bea Ross, food by Thyme & Again, our generous supporters.



Photo: Emily Kennedy

#### Westboro Fuse Fashion Show - September 23, 2017



Left to right: Cornerstone was a charity of choice for Fuse Fashion show 2017, Patricia Petty, Guest, Sue Garvey, Connie Franklin

Photo: Emily Kennedy

## 2017 Faith Group Supporters

AllSaints Lutheran Church

All Saints Westboro Anglican Church

Anglican Church Women - Ottawa Diocese

Assunnah Muslims Association

Christ Church Ashton

Christ Church Bells Corners

Christ Church Cathedral Ottawa

Church of St. Barnabas, Apostle & Martyr

Church Of The Good Shepherd and Holy Trinity Church

Church of the Resurrection

Dominion Chalmers United Church Women

Epiphany Anglican Church

Glen Cairn United Church

Good Shepherd Anglican Lutheran Ministry, Barrhaven

Grey Sisters of the Immaculate Conception

Heavens Dew Ministry/La Rosee du Ciel

Holy Redeemer Parish

Holy Trinity Hawkesbury

Holy Trinity Metcalfe

Holy Trinity, Radford, Parish of Clarendon

Julian of Norwich Anglican Church

Knox Presbyterian Church

McPhailMemorialBaptistChurch

Ottawa Chinese Alliance Church

Ottawa Korean Community Church

Parish of Fitzroy Harbour

Parkdale United Church

Pleasant Park Baptist Church

R.C.C.G. Chapel of Grace

Rothwell United Church Women

Saint Patrick's Basilica

Sparrow Lake Camp

St. Alban the Martyr

St. Barnabas Anglican, Deep River

St. Helen's Anglican Church

St. John The Baptist Anglican Church, Kars

St. John's Anglican Church, Parish of March

St. Margaret Mary CWL

St. Martin's Anglican Church

St. Mary Magdalene Anglican Church

St. Mary's Anglican Church

St. Matthew's Anglican Church

St. Maurice Church

St. Paul's Anglican Church,

Hazeldean-Kanata

St. Paul's Anglican, Shawville

St. Stephen's Anglican

St. Thomas Anglican Church

St. Thomas Anglican Church,

Woodlawn

St. Thomas the Apostle Anglican Church

The Church of St Mary the Virgin

The Church of St. Bartholomew

The Church of St. John the

Evangelist

Women Sharing

Woodroffe United Church

# Foundations

Canadian Women's Foundation Gift Funds Canada

Ottawa Community Foundation

R. A. Beamish Foundation

RBC Foundation

Royal Lepage Shelter Foundation

The Sahara Foundation

United Way of Ottawa

United Way of Greater Toronto

#### **Community Groups**

99th Nepean Girl Guides

Alpha Master Chapter Beta Sigma Phi

Alpha Pi Phi Sorority

Better Half Notes

Carleton Condominium Corporation

Centretown Citizens Ottawa Corporation

CISOC (Cultural Interpretation Services for our Communities)

Colonel By Secondary School

Common Thread Quilt Guild

Evening Ladies Granite Curling Club of West Ottawa

Friends of One Vision

Friendship Force Ottawa

Greek Ladies Philoptochos Society

Kanata Hazeldean Lion's Club

Love Letters From Anonymous

Lunch Bunch Tenants

Music and Beyond

Ontario Curling Association

Optimist Club of Nepean Inc.

Ottawa Newcomers' Alumnae Club

Ottawa Ostomy Support Group

Ottawa Police Service

PMA Realty Consulting Ltd.

Rideau Ladies Curling Club

Rotary Club of Ottawa West

Rumoli French Ladies Group

Scouts Canada

St. James Franktown ACW

Swirl and Twirl

The Royal Canadian Legion Westboro Branch 480

Westboro Community Association

Zonta Club of Ottawa

We are deeply grateful to all who supported our work.
You help change lives and your community.

#### 2017 Businesses & Associations

A4Lions Clubs

Absinthe Cafe

Anoukby Outpost Original

ARMA-NCR

BakerStreet Café

Bank of Montreal

Barry J Hobin & Associates

Bayne Sellar Ertel Carter

BDA Lighting Group

Beckta

Binks Insurance Brokers Limited

Broder Electric

Canadian Blood Services - Donation & Transplanta-

tion Dept.

Canadian Union of Postal Workers

Capital Office Interiors

Central Bierhaus

Chickpeas Restaurant

Churchill Alternative School

Cisco Systems Canada Co.

City of Ottawa

Cocco Chocolatiers / The Chocolaterie Bernard

Callebaut Co.

CSV Architects

Delilah in the Glebe

Docere Naturopathic Clinic

Emond-Harnden LLP

Farm Boy

Flowers Talk Tivoli

FLUX Lighting

Fotenn

Fred Astaire Dance Studio

Goodlife Fitness Center-Baseline & Woodroffe

Granite Ridge Long-Term Care

GRC Architects

Greco

Hardy Mattress & Feather Inc. Hulse, Playfair & McGarry

JECS Investments Inc.

∏SzaboInternational

Kitchenalia

Manhattan West

MBNA/TD Bank

#### **School Supporters**

Algonquin College of Applied Arts & Technology

Centennial Public School

Churchill Alternative School

Colonel By Secondary School

March Academy

Cont...

McDonald Brothers Construction Inc.

McKeen Metro Glebe

Menopause Productions (Canada)

NRML

Ottawa Hunt and Golf Club

Ottawa MediSpa - Westboro

Ottawa Police Youth in Policing Initiative

(YIPI)

Paldos Holdings Ltd.

Perth Brewery

PMA Realty Consulting Ltd.

PriceWaterHouseCoopers Canada Foundation

PwC

Quadrant Engineering

Respect Rx Pharmacy

Ruppert McCarthy ADR Inc.

Scissors Hair Studio

SJL Worldwide Training Inc.

Sleepwell Property Managment

Stronger Every Day Boot Camp

TD Bank Group

Thank You India

The Brass Club

Third World Bazaar

Titus Inc.

Toronto Dominion Bank

Tyco Integrated Fire & Security

Uniform Urban Developments

Universities Canada

Urbandale Corporation

# CORNERSTONE AT A GLANCE

2017 Highlight

#### THIS YEAR, TOGETHER WE...

#### **6,100 HOURS**

Over 141 volunteers, and 143 group members contributed 6,100 hours of service at all Cornerstone locations.

#### **VOLUNTEERS**



#### MEALS

140,000



Meals were served in all four kitchens, seven days a week, 365 days a year,

# BUILDINGS

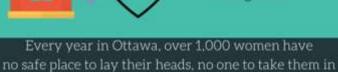
Once the new Princeton building opens in fall 2018, Cornerstone will be comprised of 5 buildings.



# HOUSING & SUPPORT

#### **427 WOMEN**

Lived in our shelter and supportive housing in 2017.



boarding house or motel.

Visit www.cornerstonewomen.ca to learn more.

and no money to pay for the cheapest room in a

Choosing hope Changing lives



#### **OUR MISSION**

Cornerstone provides emergency shelter and supportive housing for a diversity of women.

Our services are offered in an environment which promotes dignity and a sense of hope.

We are committed to public education and advocacy.
We strive to increase safe, affordable housing and to end homelessness.

#### **AMINISTRATIVE OFFICE**

314 Booth Street

Ottawa, ON KIR 7K2

Charitable Registration Number:

83725-8854-RR0001

#### CONNECT WITH US:

E-mail: jessie-lee.wallace@comerstonewomen.ca

Website: www.comerstonewomen.ca

Phone: 613-254-6584 x 503 Fax: 613-234-6213



@hopecomerstone.ca



www.facebook.com/CornerstoneHousing